



Awaken – Adventure with Purpose
Discover. Connect. Transform.

Awaken Explained & Trip Guidelines

What is Awaken?

Awaken is a **C-Life immersive trip** to Africa designed for guests to enjoy the continent, engage with its vibrant culture and people, deepen faith, and give back in meaningful ways.

Vision

Our **Awaken** guests will have fun, gain cultural discovery, meaningful connections and enjoy Africa's beauty and diversity. Our hope is that they will return with a deeper faith, a stronger love for the Lord, and a renewed commitment to follow His calling—wherever He leads. Through this experience, guests will **develop a heart for Africa**, champion servant leadership, and support business creation that transforms communities. Inspired by this journey, they will become passionate advocates for **C-Life's mission** to raise Christ-centered servant leaders in Africa's marketplace.

Awaken Trip Guidelines

1. Core Values & Expectations

As a faith-based organization, we strive to embody **kindness, flexibility, fun, service, and respect** throughout the trip. We expect all participants to:

- ✓ Approach the trip with a **servant-hearted attitude** and a willingness to learn.
- ✓ Be **respectful and open-minded** toward different cultures, traditions, and perspectives.
- ✓ Support and encourage **team unity**, even when faced with challenges.
- ✓ Follow all trip guidelines and **respect local customs, leaders, and hosts**.



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✓ Responsible Behavior: To ensure a meaningful experience for all, **drunkenness and any other substance abuse are strictly prohibited**. This trip is about connection, service and cultural immersion—let's honor that commitment together.

2. Cultural Awareness & Sensitivity

Many participants may be visiting Africa for the first time. To foster a positive experience:

- ✓ **Embrace cultural differences** – what may seem unusual to you may be normal in another culture.
 - ✓ **Dress modestly and appropriately** for the local context (details will be provided before departure).
 - ✓ **Avoid making assumptions** about people's lives; instead, ask questions with curiosity and humility.
 - ✓ **Be mindful of photography** – always ask before taking photos of people or sensitive locations.
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3. Teamwork & Flexibility

Travel and service experiences can be unpredictable. We ask that you:

- ✓ Stay **patient and adaptable** in case of schedule changes or unexpected challenges.
 - ✓ **Support your teammates** and contribute positively to the group dynamic.
 - ✓ **Communicate openly** with team leaders about any concerns or needs.
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4. Health & Safety



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Your well-being is our priority. Please ensure you:

- ✓ Obtain all **required vaccinations** (e.g., Yellow Fever, Typhoid, Hepatitis A, Tetanus).
 - ✓ Follow **health precautions** (e.g., drink bottled water, practice good hygiene).
 - ✓ Stay with the group and **follow safety guidelines** provided by trip leaders.
 - ✓ Inform a leader if you feel unwell or need assistance.
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5. Spiritual & Leadership Growth

This trip is an opportunity for both personal, spiritual and professional growth. We encourage you to:

- ✓ Participate in **team devotionals, reflections, and discussions**.
 - ✓ Seek ways to **apply servant leadership** in your interactions and service projects.
 - ✓ Be open to how this experience may **challenge and strengthen your faith**.
 - ✓ Awaken your senses by **trying new things**
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6. Trip Conduct & Commitment

By joining this trip, you agree to:

- ✓ Abide by C-Life's **code of conduct** and trip leadership.
- ✓ Show **integrity, responsibility, and respect** in all your interactions.
- ✓ Honor the commitment you've made to this trip by preparing spiritually, mentally, and physically.

Failure to follow these guidelines may result in dismissal from the trip at the participant's expense.

Thank you for being part of this life-changing experience! We are excited to see how you will enjoy this trip and how it shapes your journey.



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Any questions, please reach out to me. **Sheila Ngolesueh**
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