



Restorative Response Baltimore
 Social Emotional Learning Resource Workshops
 January 2021

Workshops and Activities for Students	Duration
<p>Community Building Circles Community building dialogue circles are a process for collective learning and understanding. Participants interact respectfully, communicate authentically, listen deeply and share accountability in order to strengthen relationships and develop creative solutions to any challenge the group faces. DC provides circle participants with ways to communicate and opportunities to develop meaningful connections.</p> <p>Outcome: Participants develop an understanding of how restorative theory deepens and strengthens inter- and intra- personal relationships</p>	1 hour
<p>Affective Communication Affective statements are personal expressions of feelings in response to others' behaviors. Students will workshop real-life examples. Young people will connect people with the impact of their actions and model emotional intelligence. (8th grade and up)</p> <p>Outcome: Students develop an understanding of the importance of affective language to develop restorative relationships</p>	1 hour

Training Workshops for Parents, School Administration & Staff	Duration
<p>Restorative Theory Restorative practices is a philosophy that works to strengthen communities by centralizing social networks, effectively addressing conflict, repairing harm, and restoring relationships.</p> <p>Outcome: Participants develop an understanding of how restorative theory deepens and strengthens inter- and intra- personal relationships</p>	1 - 1.5 hours
<p>Affective Communication Affective statements are personal expressions of feelings in response to others' behaviors. They connect people with the impact of their actions and model emotional intelligence.</p> <p>Outcome: Participants develop an understanding of the importance of affective language to develop a restorative environment.</p>	1 - 1.5 hours
<p>Dialogue and/or Family Circle Planning (FCP) A dialogue circle is a process for collective learning and understanding. Participants interact respectfully, communicate authentically, listen deeply and share accountability in order to strengthen relationships and develop creative solutions to any challenge the</p>	1 - 1.5 hours



<p>group faces. DC provides circle participants with ways to communicate and opportunities to develop meaningful connections.</p> <p>Outcome: Participants develop an understanding of how using dialogue circles deepens and strengthens relationships. Participants will create a dialogue circle that introduces the process at school or at home.</p>	
<p>Restorative Questions and Conversations (RQC) Restorative questions are a tool for defusing conflict and fostering responsibility. They guide participants through a process for analyzing their thoughts, feelings and behaviors so that they may learn to make choices that serve them and others. Restorative conversations are a strategy for directly and compassionately addressing conflict between people.</p> <p>Outcome: Participants develop an understanding of how using restorative questions deepens and strengthens relationships. Participants will practice using restorative questions using real life conflict.</p>	<p>1 - 1.5 hours</p>