

# **Ruth & Naomi Project**



## **Resource Packet**



## **County of San Bernardino Aging and Adult Services—Field Offices**

**Barstow**  
536 E. Virginia Way  
Barstow, CA 92311  
(760) 256-3544

**Victor Valley**  
17270 Bear Valley Rd. #108  
Victorville, CA 92392  
(760) 243-8400

### **In Home Support Services**

Toll Free (877) 800-4544

### **Medi-Cal Central Intake**

Toll Free ( 877) 410-8829

[www.c4yourself.com](http://www.c4yourself.com)

### **Senior Information and Assistance**

(800) 510-2020

(760) 243-8458

Providing referrals for:  
Family Caregiver Support  
Legal Services  
Senior Nutrition Services  
Senior Supportive Services

### **Legal Services**

Inland Counties Legal Services

(760) 241-7072

Legal Aid of San Bernardino, Inc.

(866) 889-7328

Legal Referrals for estate planning

(800) 474-1116

SB County Bar Association

(Lawyer Referral)

(909) 888-6791

### **Adult Protective Services 24 Hour Hotline**

\* Elder Abuse

(877) 565-2020

### **Health Insurance Counseling & Advocacy Program**

**(HICAP)**

(800) 434-0222

### **Medicare Hotline**

(800) 633-4227

### **Multi-purpose Senior Services Program**

(877) 565-2020

### **Senior Community Service Employment Program**

(909) 891-3913

### **Medi-Cal Consulting Services Inc.**

(877) 633-4435

### **S.B. County Info &Referral**

Call 211

### **Caregiving & Grief Support Groups**

Nancy Steinwand-Ziebarth—VNAcare

### **Inland Caregiver Resource center**

(800) 675-6694

### **Long Term Care Ombudsman**

(866) 229-0284

(909) 891-3928

### **Public Guardian/Conservator**

(909) 798-8500

### **V.V. Community Services Council**

(760) 243-9646

\* Free Transportation & Senior Services  
Home Repairs

### **Housing Authority**

(909) 885-6915

### **Nursing Homes Abuse**

[Nursinghomesabuse.org](http://Nursinghomesabuse.org)

## **Discharge Planning and Hospice Care in Skilled Nursing Facilities**

There are two ways to be a patient in a Skilled Nursing Facility (SNF)

1. **Skilled Care:** This care is for the patient who has special nursing needs such as IV therapy or who can benefit from physical, occupational or speech therapy. Therapies must be stopped when a patient no longer benefits from them and is no longer progressing. Skilled care is paid for by Medicare including room and board. A patient may not be on skilled care and hospice at the same time.
2. **Custodial Care:** This care is for patients who are unable to perform their basic needs without help such as bathing, dressing, transfers, feeding, toileting and ambulating and are dependent on others to provide these basic needs. Custodial care is paid for by the patient and or family unless you have Medi-Cal or can qualify for Medi-Cal. (note: some long term policies and SCAN have this benefit. Refer to individual policy.) Medicare is not involved at this level of care. Patients may be on hospice when they are on custodial care.

The financial responsibility for payment of room and board fees is a contract between the patient and/or responsible party and the facility. Hospice care can be provided at a skilled nursing facility under the hospice benefit of Medicare Part A. There is no charge to the recipient for hospice care. Hospice may be able to defer some costs by providing equipment, oxygen and some medication but hospice is NOT allowed to pay for room and board.

*\*Prices may vary and may be negotiable*

**Medicare:** Medicare Part A will pay for skilled level of care OR hospice care, but not both at the same time. Medicare does not cover custodial care costs. **Medi-Cal:** Medi-Cal will pay for room and board as well as hospice care for qualified individuals. If Medicare is also in place, Medicare will pay for hospice care and Medi-Cal will pay for room and board. NOTE: Neither Medicare nor Medi-Cal will pay for residential care at assisted living or board and care facilities.

### **Skilled Nursing Facilities in The High Desert**

Apple Valley Post Acute Care  
11959 Apple Valley Road  
Apple Valley, CA 92308  
(760) 240-5051

Knolls West Post Acute Care  
16890 Green Tree Blvd  
Victorville, CA 92395  
(760) 245-5361

Rimrock Villa  
27555 Rimrock Road  
Barstow, CA 92311  
(760) 252-2515

Spring Valley Post Acute Care  
14973 Hesperia Road  
Victorville, CA 92395  
(760) 245-6477

For more information about skilled nursing facilities and residential care for the elderly, go to [www.canhr.org](http://www.canhr.org)

## **Discharge Planning and Hospice Care in Assisted Living Facilities**

Assisted living facilities for the elderly (RCFEs) do not accept Medicare or Medi-Cal; they only accept private pay. Prices vary within the facility based upon residents personal care needs. Long-Term Care insurance or Veterans Benefits may be able to help with the payment.

### **Assisted Living Facilities in the High Desert**

*Prices may vary and may be negotiable*

Whispering Winds of Apple Valley  
11825 Apple Valley Road  
Apple Valley, CA 92308  
(760) 961-1212

Valley Crest Memory Care  
18524 Corwin Road  
Apple Valley, CA 92307  
(760) 242-3188

Sierra Vista Independent & Assisted Living  
13815 Rodeo Drive  
Victorville, CA 92395  
(760) 243-2271

Knolls West Assisted Living  
16890 Greentree Boulevard  
Victorville, CA 92395  
(760) 245-0107

Sterling Commons (Memory Care)  
17797 Lindero Road  
Victorville, CA 92395  
(760) 245-3300

Sterling Inn  
17738 Francesca Road  
Victorville, CA 92395  
(760) 245-2999

Foremost Retirement Resort  
17581 Sultana Street  
Hesperia, CA 92345  
(760) 244-5579

Independent Senior Living  
Solstice Senior Living at Apple Valley  
20594 Bear Valley Road  
Apple Valley, CA 92308 (760) 247-1766

Numerous board and care facilities are available in the High Desert. They are responsible to the same licensing agency as the residential care facilities for the elderly (RCFE) and have to follow the same licensing regulations as RCFEs. Board and care facilities are six (6) beds or smaller. Assisted living facilities are much larger.

The Ruth & Naomi Project assumes no responsibility for the quality of services provided by these independent vendors. This flyer is not intended as a recommendation of any of the individuals or providers listed.



## **Board and Care Facilities 6 or more bed facilities in the High Desert**

Board and care facilities charge approximately the same amount as assisted living facilities. However, board and care facilities are often times willing to negotiate.

**Skyline Villa 1**  
20276 Majestic Drive  
Apple Valley, CA 92307  
(760) 403-2604

**Sunrise Valley—Cocqui**  
18609 Cocqui Road  
Apple Valley, CA 92307  
(909) 918-9800

**Sunrise Valley—Kamana**  
18752 Kamana Road  
Apple Valley, CA 92307  
(909) 918-9800

**Home Care First**  
14186 Cuyamaca Road  
Apple Valley, CA 92307  
(323) 350-2415

**The Vineyard I**  
21246 Sauvignon Lane  
Apple Valley, CA 92308  
(909) 331-8037

**The Vineyard II**  
21292 Chardonnay  
Apple Valley, CA 92308  
(909) 331-8037

**Crystal Garden**  
13224 Iroquois  
Apple Valley, CA 92307  
(760) 508-3236

**\*Arya Senior Care**  
18554 Olalee Way  
Apple Valley, CA 92307  
(626) 241-4585

**Love 2 Care Homes**  
19432 US Highway 18  
Apple Valley, CA 92307  
(760) 297-6277

**Serenity Assisted Living**  
22600 Cuyama Court  
Apple Valley, CA 92307  
(760) 508-2426

**Joy Residential Care II**  
21160 US Highway 18  
Apple Valley, CA 92307  
(760) 240-6306

**Apple Garden Seniors**  
12994 Rincon Road  
Apple Valley, CA 92307  
(760) 559-2404

**Caring Hands Elderly Care**  
16815 Neenach Road  
Apple Valley, CA 92307  
(760) 240-8684

**Adelanto Silver Heights**  
15093 Arcadian Street  
Adelanto, CA 92301  
(760) 523-1445

**Loving Care Ranch**  
25445 National Trails Hwy  
Helendale, CA 92342  
(760) 245-4523

**Aging Grace & Senior Living**  
11539 Hawthorne Avenue  
Hesperia, CA 92345  
(442) 316-3650

**Spring Hope Healthcare**  
9421 Hickory Avenue  
Hesperia, CA 92345  
(760) 680-7940

**Caring Angels Home Corp.**  
14976 Ramona Avenue  
Apple Valley, CA 92307  
(760) 680-7940

**Cherry & Pine Garden HC**  
7610 I Avenue  
Hesperia, CA 92345  
(760) 995-7832

**Carmel Care Home**  
11971 4th Avenue  
Hesperia, CA 92345  
(760) 552-5095

**Caring Home Team Care**  
9736 11th Avenue  
Hesperia, CA 92345  
(909) 910-9040

**M&M Board & Care**  
18245 Cherry Avenue  
Hesperia, CA 92345  
(760) 488-1698



## Board and Care Facilities 6 or more bed facilities in the High Desert—cont'd

*Board and care facilities charge approximately the same amount as assisted living facilities but, are often times willing to negotiate.*

**Chantilly Lace Manor**  
7421 Minstead Avenue  
Hesperia, CA 92345  
(909) 256-9819

**Chantilly Lace Manor II**  
8430 I Avenue  
Hesperia, CA 92345  
(909) 256-9819

**Chantilly Lace Manor IV**  
13365 Hidden Valley  
Victorville, CA 92395  
(909) 256-9819

**\*D'Vine Residential Care**  
16123 Vine Street  
Hesperia, CA 92345  
(760) 981-4595

**D' Desert Rose**  
18101 Juniper Street  
Hesperia, CA 92345  
(760) 949-2400

**Mission of Love**  
11991 7th Avenue  
Hesperia, CA 92345  
(760) 947-5211

**Aries Residential Care**  
17892 Sycamore Street  
Hesperia, CA 92345  
(714) 803-8855

**B Smith Board and Care**  
10583 Portland Avenue  
Hesperia, CA 92345  
(909) 244-4280

**JCP Cottage**  
14241 La Mirada Street  
Victorville, CA 92392  
(760) 780-0970

**MaeMar Manor**  
14262 La Mesa Road  
Victorville, CA 92392  
(760) 221-3739

**New Life Seniors Guest Home**  
13560 Cobalt Road  
Victorville, CA 92392  
(760) 995-7832

**Seegal Residential Care**  
12727 Hickory Avenue  
Victorville, CA 923925  
(760) 951-3575

**\*Evans Elderly Residential**  
13947 Castille Street  
Victorville, CA 92392  
(760) 261-4241

**Golden Years Elderly Care**  
12772 Hawks Hill Street  
Victorville, CA 92395  
(714) 335-9556

**Greentree Residence**  
**13741 Burning Tree Drive**  
Victorville, CA 92395  
(760) 245-2504

**Graceful Assisted Living**  
12253 Silver Arrow Way  
Victorville, CA 923942  
(760) 508-2426

**Garden of Eden Assisted Living**  
14383 Chamberlain Drive  
Victorville, CA 92394  
(760) 508-2426

**Life & Hope AL**  
16616 Desert Star Street  
Victorville, CA 92394  
(760) 508-2426

**Joy of Living TFH, Inc**  
12465 Felipe Drive  
Victorville, CA 92392  
(760) 684-2002

**Glory Homes Board and Care**  
15045 Brucite Road  
Victorville, CA 92394  
(760) 867-3267

**Kar N Care Home**  
13201 Wrangler Avenue  
Victorville, CA 92392  
(760) 245-1821

**Desert Horizon Residential Care**  
15952 Condor Road  
Victorville, CA 92394  
(760) 953-5286

**Amethyst Cottage**  
15617 Red Oak Way  
Victorville, CA 92392  
(760) 241-9075

**\*Assisted Living Waiver Program**

**Visit the Community Care website for a complete listing of board and care facilities @  
[www.cdss.ca.gov](http://www.cdss.ca.gov)**



Ruth & Naomi Project has compiled the following information as a resource for patients and/or families who are seeking to obtain these services. **This is not intended as a recommendation of any of the individuals or providers listed.** It is your responsibility to check references and screen them for services rendered. Payment of these services is between you and the person or provider you hire.

**IN-HOME CARE  
OR  
COMPANION CARE, PRIVATE DUTY AND PERSONAL CARE SERVICES**

- Accent Care Services (800) 834-3059
- At Home Care (760) 880-2227
- Cambrian Home Care (760) 955-2250
- Heritage Senior Care, Inc. (800) 562-2734
- Faith Home Care (760) 820-1533
- Home Instead Senior Care (760) 843-5655
- LivHome Inc. (800) 690-9602
- The Living Room Senior Home Care (760) 983-5909
- Nurse Next Door (866) 279-9991
- Senior Helpers (909) 451-6444
- Shirell's Home Care (760) 851-0944
- A Senior Home Care (760) 530-1936
- CareLinx [www.carelinx.com](http://www.carelinx.com)
- Rolling Start [www.rollingstart.com](http://www.rollingstart.com)
- Quality of Life—Jennifer (442) 363-0862
- Anna Wade (760) 867-6639
- Kandise (951) 333-9616

Be sure to research the following information prior to selecting a private duty agency:

- Are all caregivers are bonded and insured?
- Does the company have liability insurance?
- Can they be reached 24hrs/day 7 days/week?
- Do they run criminal background checks on their employees?
- Is there a minimum number of hours required?



### **Mortuary Services**

Affordable Cremations	(760) 961-0013
Alternative Aftercare Cremations	(760) 242-0004
Desert View Funeral Home & Memorial Park	(760) 949-0326
Hall Memorial Chapel	(760) 245-6200
High Desert Funeral Chapel and Cremation	(760) 244-1400
Highlands Funeral Home (Barstow)	(760) 255-1211
Kern Hesperia Mortuary	(760) 244-9313
McKay's Mortuaries	(760) 951-4589
Meads Mortuary (Barstow)	(760) 256-5671
Neptune Society	(951) 359-2021
San Bernardino County Coroner	(909) 387-2978
Simplicity Cremation	(888) 959-9101
Sunset Hills Memorial Park & Mortuary Apple Valley	(760) 247-0155
Sunset Hills Barstow	(760) 979-2055
Victor Valley Memorial Park & Crematorium	(760) 245-8164

### **Whole Body Donation**

Med Care	(866) 560-2525
Research for Life	(480) 940-1310
Science Care	(800) 417-3747
Body for Science	(909) 558-4301

### **Mental Health**

San Bernardino County Dept of Behavioral Health Victorville	(760) 955-1777
Agewise Program	(800) 451-5633
Barstow Counseling Center	(760) 255-5700
Big Bear Family Counseling	(909) 866-5721
Big Bear Mental Health Alliance	(866) 729-9633
Catholic Charities Counseling High Desert	(760) 242-2311 ext 8368
High Desert Psychological Services, Inc.	(442) 327-9311
Lutheran Social Services, Lucerne Valley	(760) 268-6612
Lutheran Social Services, Big Bear	(909) 866-5247
Mental Health Services, Apple Valley	(760) 961-7733
Desert Behavioral Health, Apple Valley	(760) 946-2070
High Desert Counseling, Apple Valley	(760) 952-3454
Accept Family Counseling, Hesperia	(760) 995-3119
New Horizons Counseling, Hesperia	(760) 949-1939
Choices for Better Living, Victorville	(760) 241-8282
Lighthouse Support Services, Adelanto	(760) 530-2226

### **24 Hour Crisis Numbers**

National Suicide Prevention Hotline	(888) 273-8255
ABET Mental Health Crisis Line	(866) 729-9633
Crisis Walk in Center, Victorville	(760) 245-8837
San Bernardino County Crisis Response Team	(760) 956-2345
National Domestic Violence Hotline	(800) 799-7233
Local High Desert Area	(760) 949-4357
Doves Outreach Center Big Bear Lake Hotline	(800) 851-7601

### **Vision and Hearing Services**

Braille Institute	(760) 321-1111
Hear USA	(760) 269-3844
Miracle Ear	(760) 459-4990
Advanced Hearing Systems	(760) 952-2727
Lions Sight & Hearing Foundation <a href="http://www.lshf.org">www.lshf.org</a>	(800) 647-6638





**Food Banks/Pantry** - Please call to verify distribution information as times, dates, locations and services are subject to change without notice.

**Adelanto**

Calvary Chapel (760) 955-5958  
Community Tool Box (760) 246-7874

**Apple Valley**

Church of the Valley (760) 247-6494  
Living Waters (760) 247-6488  
First Baptist Church (760) 247-5891  
Feed My Sheep (760) 247-6488  
Our Lady of the Desert Wed & Thurs 9 am—11:30 am (760) 242-5544

**Big Bear**

Believers Chapel (909) 866-2552  
Big Bear Foursquare (909) 585-7455  
Lutheran Social Services (909) 866-5070  
St. Joseph Catholic Church (909) 866-3030  
United Methodist Church (909) 585-3645

**Victorville**

Holy Innocents Catholic Church (760) 955-6010  
Victor Valley Rescue Mission (760) 955-5958

**Emergency Food/Shelter and Basic Needs**

Desert Manna - Barstow (760) 256-7797  
Salvation Army—Victorville (760) 245-2545  
Samaritan's Helping Hand—Victorville (760) 243-5933  
Community Action Partnership (800) 635-4618

**Meals on Wheels**

High Desert (760) 256-9111  
Mountain Communities (909) 336-5469

**Mobile Notaries**

Cristina's Notary Service (760) 217-3369  
High Desert Notary (760) 488-8249  
Shari Maria's Mobile Service (760) 234-5763  
Weithers Mobile Notary Service—Ingrid (424) 303-1211



**Senior Centers/Resource Centers:**

- Adelanto Senior Center (760) 246-7736
- Apple Valley Senior Club (760) 247-3155
- Barstow Senior Citizens Club (760) 256-5023
- Big Bear Valley Senior Center (909) 584-0323
- Hesperia Leisure League (760) 244-3223
- Hinkley Senior Center (760) 253-4677
- Lucerne Valley Senior Club (760) 248-2248
- Newberry Springs Community Center (760) 257-3284
- Percy Bakker Community Center Hesperia (760) 244-1680
- Phelan Senior Club (760) 868-8067
- Pinon Hills Senior Club (760) 868-8637
- Victorville Senior Citizens Club (760) 245-5018
- Senior Kicks Club (760)338-0914

**Veteran's Services**

- San Bernardino County Veteran's Services—Victorville (760) 995-8010
- VA Benefits (800) 827-1000
- VA—Loma Linda Hospital (800) 741-8387

**Animal Services**

- Barstow Humane Society (760) 252-4800
- Big Bear Animal Shelter (909) 866-4943
- City of Adelanto Humane Society (760) 246-2300
- City of Hesperia Animal Control (760) 947-1700
- City of Victorville Animal Care and Control (760) 955-5089
- PAL Humane Society—Wrightwood (760) 249-1238
- Town of Apple Valley Animal Control (760) 240-7000 x 7555
- The Victor Valley Animal Protection League (760) 247-2102

**California Highway Patrol:**

- Victorville (760) 241-1186
- Barstow (760) 255-8700
- Big Bear (909) 867-2791

**County of San Bernardino Sheriff's Department:**

- Non-emergency Dispatch Victor Valley (760) 245-4211
- Apple Valley Station (760) 240-7400
- Barstow Station (760) 256-4838
- Big Bear Station (909) 866-0100
- Hesperia Station (760) 947-1500
- Adelanto Station (760) 552-6800
- Lucerne Valley Sub-station (760) 248-7655
- Phelan Sub-station (760) 868-1006
- Victorville City Station (760) 241-2911
- Police Department—Barstow Dispatch (760) 256-2211



### **Transportation**

- Adelanto Transit City Hall
- All Care Transportation
- Dial-A-Ride
- Desert Hi Transportation
- Firehawk Medical Transportation
- Four Season Transportation
- General Transport
- MARTA—Big Bear
- Med Cab
- Platinum Care
- Preferred
- Safety Care Transportation
- Victor Valley Transit Authority
- ADA Transportation Application
- Victory Med
- Victorville NEMT
- Victorville Medical Transportation
- Victor Valley Community Services Council—Kim
- Special Transport
- American Cancer Society—Ride for Life
- American Medical Transport
- Caravan Care

### **Phone Numbers**

(760) 948-3030  
(442) 800-5152  
(800) 795-7887  
(760) 998-1487  
(760) 475-4606  
(760) 534-0808  
(909) 436-9163  
(909) 878-5200  
(877) 963-3222  
(760) 217-8628  
(760) 947-0011  
(760) 244-8998  
(760) 948-3030  
(877) 232-7433  
(760) 475-0776  
(760) 951-1900  
(877) 777-7153  
(760) 243-9646  
(760) 948-4021  
(760) 245-2433  
(800) 474-1777  
(760) 265-7980

### **Information and Referral**

- San Bernardino County 211 Information & Referral

Call 211



## Social Security

Are you receiving Social Security?  
If so ,you are entitled to S.S.I. Benefits!

If you would like to know the requirements or if you would like to know if you qualify, please call the Social Security Administration at (800) 772-1213.

All offices are open Monday thru Friday 9:00 am to 4:30 pm

Social Security Administration  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

### **Victorville**

13955 Park Avenue  
Victorville, CA 92392  
(800) 772.1213

### **Barstow**

720 East Main Street  
Barstow, CA 92311  
(800) 772-1213